

Antrim County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2023

Antrim
County
Community
Resource
Guide

[A guide to services in your community]

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ADULT AGING SERVICES

- McLaren Home Care (866) 323-5974
- Area on Aging (800) 858-1637
- Crisis Services for the Elderly (517) 483-7205
- Department of Human Services (231) 533-8664
- Eldercare Locator (800) 677-1116
eldercare.acl.gov
- HAP Senior Plus (800) 868-3153
- Health Department of Northwest MI (800) 432-4121
- Meals on Wheels (800) 632-7334
- Medicare (800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP) (800) 803-7174
- Social Security Administration (800) 772-1213
- Antrim County Commission on Aging & Senior Center (231) 533-8703
- Elk Rapids Senior Center (231) 264-6490
- Mancelona Twp Senior Center (231) 587-9131
- PACE North (833) 410-2086
- Cherry Suite (231) 534-5055
- Eastport Village Care Home (231) 631-1836
- Heritage Haus (231) 533-6869
- Simonson AFC (231) 544-9832
- Walts AFC Home (231) 533-4625
- Alzheimer Association & Helpline (800) 272-3900
- Alzheimer’s Association of NW MI (231) 929-3804

Assisted Living

- Eastport Village Care Home (231) 631-1836
- Kalkaska Memorial Assisted Living (231) 258-3033
- Meadow View Senior Apartments (231) 533-8661

DISABILITY & SPECIAL NEEDS

RESOURCES

- Autism Society of Mi (800) 328-8476
- Children’s Special Healthcare Services (800) 359-3722
- Disability Network of Michigan (800) 782-4160

ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL 911

- Children & Adult Protective Services (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Equality Michigan (313) 537-7000
- HAVEN Crisis Line (877) 922-1274
- LGBT Hotline (212) 714-1141
- Love is Respect Hotline (866) 331-9474
- Michigan Coalition to End Domestic & Sexual Violence (MCEDSV) (517) 347-7000
- LGBT Hotline (212) 714-1141
- Narcotics Anonymous 24/7 (800) 230-4085
- National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
- National Domestic & Sexual Violence Helpline (800) 799-7233
- National Human Trafficking Resource Center (888) 373-7888
- RAINN (Rape and Incest National Network) (800) 656-4673
- Safe Center Crisis Hotline (877) 952-7283
- Shelterhouse Crisis Line (877) 216-6383
- Stop It Now! Hotline (888) 773-8368
- Suicide Prevention (800) 273-8255
- Victim Connect (stalking hotline) (855) 484-2846

GiGi's Playhouse (Down Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for Blind	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
Michigan Dept of Education- Office of Special Education	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America	(800) 638-6872
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
The Family Center for Children and Youth with Special Health Care Needs	(800) 359-3722
United Cerebral Palsy of MI	(800) 828-2714
Vocational Rehabilitation	(800) 257-4850

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
Center for Disease Control and Prevention	(800) 232-4636
Poison Control	(800) 222-1222
Suicide Prevention Lifeline	(800) 273-8255
Northwest Michigan Works	(231) 258-8889
Service Centers: Kalkaska, MI	
Northwest Michigan Works	(231) 347-5150
Service Centers: Petoskey, M	
Northwest Michigan Works	(231) 922-3700
Service Centers: Traverse City,	
Unemployment Office Hotline	(866) 500-0017
Women's Resource Center	(231) 348-6699

FINANCIAL ASSISTANCE

MSHDA: Step Forward	(866) 946-7432
Northwest Michigan	(231) 947-3780
Community Action Agency (NMCAA)	

EMPLOYMENT ASSISTANCE

Employment Assistance for Individuals with Disabilities Network Northwest	(800) 692-7774
Local Traverse City, MI	(231) 929-5000
Michigan Indian Employment & Training	(800) 591-8820
Michigan Rehabilitation Services	(231) 922-5260
Michigan Senior Legal Hotline	(866) 400-9164
Michigan Veterans Affairs Agency	(800) 642-4838
Northwest Michigan Works	(231) 775-3408
Service Centers: Cadillac,	

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Central Lake Bible Baptist	(231) 544-6699
Food Pantry	
Community Lighthouse	(231) 587-9967
First Congregational Church	(231) 544-6878
Food Bank Council of Michigan	
www.fbcmich.org/resources/find-a-food-bank	
Good Samaritan	(231) 588-2208
Mancelona Community Meal	(231) 587-9606
Meals on Wheels	(888) 370-7184
Michigan Department of Health & Human Services	(231) 533-8664
St Anthony Baby Pantry	(231) 492-7426
WIC (Women, Infant, Children)	(800) 942-1636

HEALTHCARE SERVICES

Karmanos Cancer Institute	(800) 527-6266
McLaren Home Care	(866) 323-5974
AdvisaCare Home Health & Hospice	(231) 547-6092
Centers for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722

Huntington's Disease Society of America	(800) 909-0073
Mancelona Family Resource Center	(231) 587-5044
Medicaid Hotline	(800) 642-3195
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Munson Hospice & Palliative Care	(800) 252-2065
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Home Care	(866) 232-5974
McLaren Northern Hospital	(800) 248-6777
Health Department of Northwest Michigan Family Health Clinic	(800) 432-4121
Boyne Valley Walk-In Clinic and Primary Care Facility	(989) 731-7700
East Jordan Family Health Centers:	
Bellaire	(231) 533-8649
Central Lake	(231) 544-3700
East Jordan	(231) 536-2206
Elk Rapids Primary Care	(231) 264-0399
Elk Rapids Skin & Laser Clinic	(231) 264-0700
Ironmen Health Center	(231) 587-9840
Munson Medical Center	(231) 935-5000
Munson Urgent Care	(231) 935-8686
Munson Outpatient Services:	
Lab	(231) 264-0024
X-ray	(231) 264-0025

Dental Resources

Dental Clinics North	(877) 321-7070
Michigan Donated Dental Services Program	(800) 589-2632

Hearing Resources

Help America Hear Program-Financial Assistance Program	(888) 580-8886
Relay Center for Deaf/Hard of Hearing	711

Medical Equipment & Loan Closets

Adaptive Environments Home Lifting System	(800) 355-5438
Airway Oxygen	(231) 932-0399
ALS of Michigan	(800) 882-5764
Antrim County Commission on Aging- Wheelchairs, scooters, hospital beds, canes, bedside commodes, bath benches, walkers, etc.	(231) 533-8703
Michigan Assistive Technology Loan Fund and Michigan Employment Loan Fund	(800) 828-2714
Michigan CPAP Bank	(734) 232-3964
Munson Home Medical Equipment	(800) 252-2065
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies(http://onedrop.today)	(800) 437-1474
Paralyzed Veterans of America MI	(800) 638-6782
Project Freedom	(734) 240-2565
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

Mental Health & Counseling Services

Access Alliance	(800) 448-5498
Boys Town National Hotline	(800) 448-3000
Catholic Human Services	(231) 947-8110
Child & Family Services of NW Michigan	(800) 442-7315
Common Ground Crisis Line	(800) 231-1127
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic and Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
North Country Community Mental Health	(800) 834-3393

Northern Michigan Regional Entity (800) 834-3393
 Problem Gambling Help-Line (800) 270-7117
 RAINN (Rape and Incest National Network) (800) 656-4673
 Stop It Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention (800) 273-8255

Pharmacies & Prescription Assistance

Bellaire Pharmacy (231) 533-8014
 Central Lake Pharmacy (231) 544-2929
 Corner Drug Pharmacy (231) 264-8033
 Family Fare Pharmacy-Mancelona (231) 587-8491
 River Pharmacy (231) 264-8165
 Elder Prescription (866) 747-5844
 Goodrx www.goodrx.com
 LifeSource Direct- Uninsured and Underinsured (866) 340-4748
 Michigan Medicare/Medicaid Assistance Program MiRx (866) 755-6479
 MMAP (800) 803-7174
 Needymeds (800) 503-6897
 Partnership for Prescription Assistance www.pparx.org
 RxAssist www.rxassist.org
 RX Outreach (800) 769-3880

Rehabilitation

AfterEffect Restorative Body Therapy (231) 709-3489
 Elk Rapids Chiropractic Center (231) 264-5310
 Kalkaska Memorial Health Center (231) 258-7500
 Mi Rehab Service (877) 901-7398
 North Shore Physical Therapy (231) 533-6113

Substance Abuse

Addictions & Drug Abuse Referral Hotline (800) 662-4357
 Alcoholics Anonymous (800) 356-9996
 CDC Hotline (800) 232-4636

Child & Family Services of NW Michigan Third Level (231) 922-4800
 Narcotics Anonymous Hotline (877) 338-1188
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 North Country Community Mental Health (231) 533-8619
 SEMCA (800) 686-6543
 Substance Abuse Hotline (800) 662-4357
 Substance Use Treatment Services (800) 834-3393

Urgent Care

Charlevoix Area Hospital and Urgent Care (231) 547- 4024
 Foster Family Community Health Center Urgent Care (231) 935-8686

Vision Assistance

Michigan Commission for the Blind (800) 292-4200
 National Eye institute (301) 496-5248
 Sight for Students- Free eye exams and glasses to low income or uninsured children (888) 290-4964

HOUSING ASSISTANCE

American Red Cross (800) 733-2767
 Antrim County Housing Dept. (231) 533-8727
 HUD Rental Assistance (800) 569-4287
 Mancelona Habitat for Humanity (231) 916-2122
 MSHDA: Step Forward (866) 946-7432
 Veterans TOLL Free numbers iris.custhelp.va.gov
 American Red Cross Area on Aging (800) 733-2767 (800) 858-1637
 Father Fred Emergency Assistance (231) 947-2055
 Heat and Warmth Fund (800) 866-8429
 Northwest Michigan Community Action Agency (231) 947-3780
 Weatherization Department

The Salvation Army of Petoskey	(231) 347-3531
United Way of Northwest MI	(231) 947-3200
Action Agency	(800) 443-5518
Central Lake Town Houses	(231) 258-4250
HUD Rental Assistance	(800) 569-4287
Maple Village	(231) 347-3755
MSHDA	(855) 646-7432
USDA Rural Development	(517) 324-5190
Village Apartments	(231) 533-6775

Emergency Shelters & Warming Centers

Heat and Warmth Fund	(800) 866-8429
Third Level Programs	(231) 922-4800
Outreach-Teens	
Women's Resource Center	(231) 587-8891

LEGAL ASSISTANCE

Catholic Human Services	(231) 947-8110
Center for Civil Justice	(800) 724-7441
Legal Aid Legal Service	(866) 531-6309
Legal Services of Eastern Michigan	(800) 322-4512
Legal Services of Northern Michigan	(888) 645-9993
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Social Security Administration	(800) 772-1213
Veterans TOLL Free numbers	iris.custhelp.va.gov

Libraries

Alden District Library	(231) 331-4318
Bellaire Public Library	(231) 533-8814
Central Lake District Library	(231) 544-2517
Elk Rapids District Library	(231) 264-9979
Mancelona Township Library	(231) 587-9451

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
Child Safety Seat Inspection	(866) Seat-Check
Health Dept. of NW Michigan	(231) 588-2200
Moms & Tots Center	
LA LECHE League	(800) 525-3243
Michigan Alliance for Families	https://www.michiganallianceforfamilies.org/mf-offices/
Munson Medical Center-Childbirth Preparation, baby care, breastfeeding classes	(231) 935-8219
Parent Help Line	(855) 427-2736
The family center for Children and Youth with Special Health Care Needs	(800) 359-3722
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662
Women's Resource Center	(231) 587-8891

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association	(800) 272-3900
Area on Aging	(800) 858-1637
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
HIV Aids Hotline	(800) 872-2437
Huntington's Disease	(800) 989-0073
LGBT Hotline	(212) 714-1142
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233

National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888
 Parkinson's (800) 852-9781
 Problem Gambling Help Line (800) 270-7117
 RAINN (Rape and Incest National Network) (800) 656-4673
 SEMCA (800) 686-6543
 Stop It Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention (800) 273-8255
 WIC (800) 942-1636
 Women's Health Resource Line (800) 994-9662

VETERANS AFFAIRS

Area on Aging (800) 858-1637
 CHAMPVA (800) 733-8387
 Disabled American Veterans (877) 426-2838
 Michigan Veterans Affairs (800) 642-4838
 Paralyzed Veterans of America (800) 638-6782
 Veterans Administration (800) 827-1000
 Veteran's Affairs (844) 698-2311
 Veteran's Crisis Line (800) 273-8255
 Veterans TOLL Free Numbers iris.custhelp.va.gov

TRANSPORTATION

Karmanos Cancer Institute (800) 527-6266
 American Cancer Society (800) 227-2345
 Road to Recovery
 Antrim County Dial-a-ride (231) 533-8644
 Area on Aging (800) 858-1637
 Auto Safety Hotline (888) 327-4236
 Child Safety Seat Inspection (866) Seat-Check
 Veterans TOLL Free iris.custhelp.va.gov numbers

TRIBAL SERVICES

Department of Civil Rights (517) 335-3165
 Little Traverse Bay Bands of Ottawa (231) 242-1400
 MDHHS Native American Affairs Office (517) 335-7782
 Michigan Indian Employment and Training Services (800) 591-8820
 Michigan Indian Legal Services (231) 947-0122
 Michigan Indian Tuition Wavier (517) 241-7748
 The Grand Traverse Band of Ottawa And Chippewa Indians (231) 534-7136
 U.S. Office of Indian Education (202) 260-3774

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the McLaren Now App mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.